

Flowchart for Baby-Friendly Community Health Services

Stage 1



We want to be a Baby-Friendly Health service!

Community maternal and child health services that wish to become Baby-Friendly Community Health Service should contact The Norwegian Directorate of Health via ammekyndig@helsedir.no (the email address is also used for submissions related to steps 1-7).

Contact person at The Norwegian Directorate of Health

You will be assigned a contact person from The Norwegian Directorate of Health who will send you a welcome letter with information about the process, as well as advice on organizing the work.

Working group at the health clinic

Fill out and submit the **self-assessment** form and **reflection note** after the self-assessment. You can find the forms at helsedirektoratet.no/bfchs

Use the form for **registering infant feeding status** to document breastfeeding status for over one month, including infants at 5 months and 1 year of age, and compile the results in the **summary form** for breastfeeding status registration. After completing the registration, fill out the **reflection note** and submit it along with the summary form.
Small health services that, due to a lower number of children, require more time may conduct the registration in parallel with steps 2 and 3

Stage 4



The Norwegian Directorate of Health evaluates, provides feedback on, and approves the infant feeding policy. The health centre implements the policy, then completes and submits **Reflection note on its implementation**.

You can find the reflection note at helsedirektoratet.no/bfchs

Stage 3



Develop and submit a locally adapted infant feeding policy based on the infant feeding policy template.

You can find the template at helsedirektoratet.no/bfchs

Stage 2

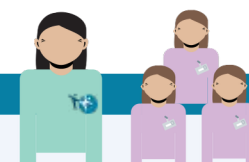


Verification and training for staff at the health centre. Use the documents: **documentation of orientation provided to physicians** and the **plan for training and updating of healthcare professionals** to document training and knowledge.

You can find the document at helsedirektoratet.no/bfchs

The contact person at The Norwegian Directorate of Health provides feedback on the submitted forms before guiding you through step 2.

Stage 5



The community health service receives **information leaflets containing** a link or QR code to **user surveys**, which are distributed to pregnant women and mothers of six-week-old infants. The external designation unit summarizes and evaluates the results of the user surveys and provides a report to the health services.

This should be completed 4–6 months after the infant feeding policy has been implemented.

Stage 6



The Norwegian Directorate of Health approves the community health service as a Baby-Friendly Community Health service!

Stage 7



The community maternal and child health center, one year after designation, conducts a new mapping of breastfeeding status, using the same method as at the beginning (step 1). The **breastfeeding status summary form**, and the **reflection note** are submitted to the Norwegian Directorate of Health.

This takes place one year after approval