



Reflection note – self-assessment

The reflection note is an essential part of the designation process for community health services seeking recognition as a Baby-Friendly Community Health Service. It is completed after the self-assessment has been finalized

Based on the information documented in the self-assessment, reflect on your current status. What competencies, routines, and procedures related to breastfeeding counselling are currently in place? What key elements will you include when developing the infant feeding policy or procedure for the community health service?

Additionally, identify any gaps or challenges that need to be addressed and outline the necessary steps to achieve designation as a Baby-Friendly Community Health Service.

Our reflections: