

Reflection note - registration of breastfeeding status

This document is completed as part of the process for community health services seeking designation as a Baby-Friendly Community Health Service (BFCHS).

In the infant feeding registration form, you have documented the reasons why some mothers have never breastfed, have partially breastfed (within the first six months), or have stopped breastfeeding. This information provides valuable insights and helps identify areas for improving clinical practice and support for breastfeeding mothers. As healthcare professionals in the community you are expected to collaboratively reflect on the reasons for early cessation or partial breastfeeding, as well as the factors that may influence breastfeeding rates in your area.

What are the three most common reasons for no breastfeeding at 5 months of age?

What are the three most common reasons for partial breastfeeding at 5 months of age?

What are the three most common reasons for no breastfeeding at 12 months of age?

What is your reaction to the local breastfeeding rates?

What are your thoughts on the reasons for early cessation of breastfeeding?

**Can the most common reasons for breastfeeding cessation be influenced?
If so, how? If not, why not?**

What suggestions do you have for initiatives that could increase breastfeeding rates?

Once completed, the reflection note should be submitted to the Directorate of Health using the button below.