Helsedirektoratet
Norwegian Directorate of Health

Documentation of information provided to physicians

This form can be used to document that physicians who work at the community child health center are informed about breastfeeding and the Baby- Friendly Community Health Services.

As a physician at the Baby-Friendly Community Health Service, you must document that you have read and are familiar with the following (tick off when completed):

- ☐ I am familiar with the child health center's infant feeding policy.
- ☐ I have been informed about the BreastFEEDucation course (completion of the course is not required)
- I am informed about the website Breastfeeding and Infant Feeding (BFCHS) from the Norwegian Directorate of Health, especially the pages on medical breast complications during breastfeeding.
  - ☐ Pain in the breast
  - ☐ Breast engorgement, clogged milk ducts, mastitis/breast inflammation, and abscess"
  - ☐ Milk production: increase, decrease, and cessation
  - ☐ Medications and breastfeeding
  - ☐ Tongue ties
- ☐ I am familiar with the chapter in the Norwegian Gynecological Association's Guide. to obstetrics, section on Breastfeeding/breast milk/mastitis and abscess
- ☐ I am familiar with www.relis.no and www.legemiddelhandboka.no for the assessment of medication and breastfeeding.

To be filled out

Date: _____

Child health station: _____

Child health center physician: _____

Head of Department's Signature: _____